HANDS ON.

pro sleep.

inspired by the indonesian sea malay massage, this exceptional ritual acts in synergy with our tranquillity™ sound and essential oil blend to effectively induce a state of deep rest.

60min. **450**
90min. **550**

lava stones.

rythmatic, warm lava shells used to contour the whole body,massaging to releaving deep seated tension, ideal for anyone suffering with muscular aches and pains.

60min. **585**
90min. **685**

swedish.

the remarkable and renowned therapeutic gifts of aromatherapy. enjoy the essence of perfectly blended massage techniques, aramatic experience, and drift into an extra hour of relaxation.

60min. **580**
90min. **680**

deep tissue.
with the combination of balinese techniques and indian spices, deeper layers of muscle tissue are focused on, using a slower, firmer presure to relieve tension, knots and stiff joints.

60min. **650**
90min. **750**

mother-to-be.
congratulations! you are living one of the most wonderful moments of your life. as a mother to be treat yourself and enjoy a therapy especially designed to relieve the possible discomfort produced by this happy condition.

60min. **450**

100-minute bliss by 25hours.
a combination of lava shell, bamboo massage, streches and swedish techniques with a touch of mediterranean blend.

100min. **799**

thai massage.
classical ancient oriental technique, that provides relaxation and achieves well-being through the harmony between the mind and the spirit.

60min. **650**
90min. **750**

SAVING FACE.

active pureness.
this deep purifying facial with clays rebalances and reduces pores and blackheads. perfect for oily/combo skin types.

60min. **600**

youth intensive treatment by sothys.
this treatment begins with a 15-minute back massage, followed by five precise steps and eight targeted formulas. it effectively targets wrinkles and loss of firmness, leaving the skin rejuvenated and visibly refined.

90min. **750**

BODY LANGUAGE.

thermal mud therapy.
double exfoliation with a body brush, sugar scrub and envelope of italian thermal mineral body wrap to detox your body.

90min. **680**

ADD-ONS / UPGRADES.

tension buster.
targeting the prime areas of stress and providing profound tension relief with a warm marine massage mud, accompanied by scalp and back massage.

30min. **320**

get the glow.
an extraordinary deep cleansing aromatherapy scrub enhancing cellular oxygenation, micro circulation, and skin vibrancy.

30min. **300**

eye recovery.
a triple action eye treatment to target dark circles, puffiness and wrinkles, providing immediate lifting and luminosity.

15min. **150**

express facial.
quick boost of ahas with double peel method for instant glow and vitality.

30min. **300**

gua sha.
experience the ancient art of gua sha therapy taken to new heights as our skilled therapists use a specially crafted stone to gently sculpt and drain away toxins in the face & neck. this upgrade elevates your facial experience leaving you feeling rejuvenated and revitalized.

15min. **70**

jacuzzi.
enjoy the jacuzzi after your treatments.

60min. **150**

foot massage.
enjoy a soothing foot massage that melts away stress and revitalizes your feet.

30min. **295**

EXTRA HOUR SPA
by 25hours hotels

prices are in aed, inclusive of 5% vat, 7% municipality fees and 10% service charge.

hammam
by maison d'asa.

steam & soul – the classic moroccan hammam.
step into a timeless ritual where the warmth of eucalyptus-infused black soap purifies the skin, followed by a rich rhassoul clay mask scented with orange blossom. a sensory escape that revives both body and soul.

60min. **600**

bloom & glow – the rose hammam.
drift away in rose-scented steam, indulge in a gentle exfoliation, and surrender to a nourishing rose clay wrap. this hammam is an ode to self-love, leaving your skin radiant.

60min. **600**

nomad's embrace – the berber hammam.
inspired by the ancient berber wellness rituals, this hammam is an immersive, full-body experience. a deep cleanse, an aromatic body wrap, and a rhythmic massage with precious oils transport you to the heart of the atlas mountains. a complete reset for body and mind.

90min. **800**

hammam & massage.
experience this aunthentic royal treatment, with deep exfoliation session followed by a special mask, finishing with a 60min massage.

120min. **990**

prices are in aed, inclusive of 5% vat, 7% municipality fees and 10% service charge.